



Returning to Archery

Phase 1 – Restricted
Shooting

**Guidance Notes for
Archers**

Version 1.4

Updated: 4 July 2020



FOR THE **LOVE** OF ARCHERY

INTRODUCTION

UPDATED FOR 4 July 2020

We have indicated the key additions and updates to these guidelines with **[NEW]** and **[UPDATED]** on the following pages.

These guidelines currently apply to England, Guernsey, Jersey, Isle of Man, **Northern Ireland** and **[UPDATED] Wales**, and relate to the first phase of returning to archery (restricted shooting). They have been produced in line with the English Government guidance on public spaces, outdoor activity and exercise published on 23 June 2020, which can be read on the Gov.uk website - www.gov.uk/coronavirus

[UPDATED] Wales

In line with the First Minister's announcement, the Welsh Archery Association (WAA) is pleased to confirm that **clubs can now take the necessary steps to re-open and welcome archers back to archery from Monday 22 June**. Only outdoor shooting is currently allowed and everyone will need to follow the current [Welsh Government guidelines on social distancing and travel](#). Clubs in Wales will need to follow the current Archery GB Guidelines on returning to archery.

Scotland

[UPDATED] Scotland's First Minister (FM) has confirmed that Scotland will move into Phase 2 of the "Route Map out of Lockdown" Scottish Archery has published their Phase 2 guidance for archery: [The phase 2 guidance for Scottish Archery can be found by clicking here.](#)

Archery is a sport where close contact with others can be avoided. Archery GB has developed a set of practical guidelines for clubs to follow so that restricted shooting can take place in England, Guernsey, Jersey, Isle of Man, Northern Ireland and **[UPDATED] Wales** during lockdown, where the local environment allows.

The choice to return to archery at this time is one that needs to be made locally by clubs, after considering their own circumstances. There are many clubs who are keen to return to archery as soon as possible, but we appreciate there will be those that have genuine concerns, or their local environment will make shooting safely impossible at this stage. It is the responsibility of each club to make their own assessment based on their local environment and circumstances.

We therefore ask you to read and consider the information below carefully, before making a decision to return to archery as safely as possible during this current phase.

Please do not feel pressured to shoot until you are confident you can do so as safely, by following both the Archery GB guidelines and the current government advice.

STAY ALERT

The clear Government message is that we can all help to control the virus if we all stay alert. This means you must:

- Stay at home as much as possible
- Work from home if you can
- Limit contact with other people
- Keep your distance if you go out (2 metres apart where possible)
- Wash your hands regularly
- Self-isolate if you or anyone in your household has symptoms.

Please be aware that clubs need to remain flexible and have the ability to communicate changes to their members quickly. Your club must respond quickly if there is an increase in the virus locally, nationally or if any of club's members or visitors to the range test positive for coronavirus. Please make sure you keep in contact with your club.

PHASED RETURN

A return to archery is taking place on a phased basis, the phases will change in line with the latest government guidelines once it has been published. Currently we are working on a three-phase approach. Please note, these phases are subject to change as the government exit strategy becomes clearer.

Phase 1 - Outdoor only. Family units or individual shooting. Social distancing of 2m maintained between anyone not in the same household. No social activities, "turn up, shoot, go home", minimise contact with others. **[UPDATED]** Coaching 1:5 allowed while maintaining social distancing.

Phase 2 – Indoor or outdoor shooting. Limited numbers with appropriate social distancing between archers – Further details to follow.

Phase 3 – Full training and competition. Indoor and outdoor shooting. Social activities permitted – Further details to follow.

These guidelines cover **Phase 1 only** and will be updated as necessary to reflect future phases of returning to archery led by the latest government advice.

If you have any questions then please email membership@archerygb.org and a member of staff will get back to you, please note a number of the team are furloughed and this may take a longer than usual.

STAY ALERT

- Archers **MUST NOT** come to the Archery Range if they show symptoms of any illness but in particular of Covid-19. [These are highlighted on NHS Direct](#) and include:

- A new persistent and dry cough
- A temperature
- **[UPDATED]** If you are symptomatic, living in a household with a possible COVID-19 infection then guidance is that you should remain at home. If you are classified as extremely vulnerable on health grounds, although you can meet people outdoors and, from 4 July, indoors, you should be especially careful and be diligent about social distancing and hand hygiene. For those shielding, you can now consider taking safe exercise outdoors and meeting up with one person outside your household, always maintaining social distancing and robust hand and respiratory hygiene.
- Archers should notify the club should they develop symptoms after attending the archery range.
- After the session, archers should sanitise their hands, clean their equipment and anything else used at the session.

ARCHERS

- We are advising clubs and coaches to use a booking system, which will support lane management to avoid disappointment and stagger timings to minimise encounters between people, including in car parks and at entrances. Turning up at the range without a slot should be discouraged.
- As an archer, you must practice social distancing at all times and maintain a distance of at least 2 metres apart. People from different households should not travel in the same car.
- **[NEW]** Targets may be used by two archers from different households, shooting in two single details (as long as 2m social distancing is maintained), one archer or one group of archers of any size if from the same household **[ENGLAND ONLY]**
- **[UPDATED]** Where appropriate you may be provided with target faces and target pins to keep, and re-use or dispose of at home after use. If this not possible then ensure any shared equipment is cleaned/sanitised after contact.
- **[UPDATED]** Archers should use their own equipment if possible (or equipment that is loaned to them by the club and is kept by the archer for a period of time). Where this is not possible and is deemed a barrier to participation, clubs, coaches & archers need to do everything practical to minimise the risk of transmission. These include:
 - The frequent cleaning of objects, equipment and surfaces that are regularly touched, ensuring there is adequate disposal arrangements for waste.
 - Sanitisation of all equipment after every use, before being used by someone from a different household.

- Wash/sanitise your hands thoroughly before and after using, handling or cleaning equipment.
- If your club is providing timed slots, please follow your club's guidance by arriving shortly before your designated time, wearing and with the correct gear and be ready to shoot. After your slot, you should leave as soon as you have packed away your equipment. Clubs are advised to stagger start times to minimise the risk of archers meeting others outside of their household.
- In order to minimise contact, there is no need to remain at the club if you are not shooting.
- **[UPDATED]** Indoor facilities should be kept closed, apart from toilets and throughways. Toilets may be used where [adequate cleaning measures have been put in place](#).
- Clubs may ask archers to shoot as many arrows as possible during each end, reducing the number of times archers have to collect arrows.

Field Archery - In addition to the general guidance above only, field archery can take place with archers shooting with one other person not from their household (observing social distancing) or with members of the same household on each target, and at all times keep at least 2 metres from all other archers.

[UPDATED] Clout, flight and other disciplines – All archery disciplines can take place, following the generic guidance above. Social distancing measures should apply all times. Any equipment should be handled as little as possible, and cleaned before and afterwards.

[NEW] SUPPORTING DISABLED ARCHERS

Archery is an inclusive sport and Archery GB is proactively working on solutions to ensure people with disabilities or long-term health conditions can continue to participate safely in the sport. For people who are shielding, we strongly recommend you follow [the Government guidelines on shielding and protecting yourselves which can be found here](#). It is an individual decision to return to archery which should be made in conjunction with the latest medical and government advice.

We encourage clubs to work with their archers to determine whether sufficient procedures can be put in place to accommodate their individual needs. Clubs should do everything practical to manage the risk associated with the transmission of COVID-19 and all risks need to be logged in a risk assessment with reasonable measures implemented to mitigate the identified risks.

If an archer requires additional support, where possible their carer or a member of their family or household is the preferred solution to providing the support required. If this is not possible, then please talk to the person concerned about how best to support them.

Find solutions to enable them to participate, while providing appropriate protection for your workforce. Clubs/volunteers will need to use their discretion, in association with completing a risk assessment to identify the risks and possible solutions. Please be mindful that most clubs are run by volunteers, and individual decisions should be made and respected when it comes to managing personal risk.

The sharing of equipment should be strictly limited, archers should use their own equipment where ever possible (or equipment that is loaned to them by the club and is kept by the archer for a period of time). Where this is not possible and is deemed a barrier to participation, clubs need to do everything practical to minimise the risk of transmission. These include:

- The frequent cleaning of objects, equipment and surfaces that are regularly touched, and make sure there are adequate disposal arrangements for waste.
- Sanitisation of all equipment after every use, before being used by someone from a different household.
- Wash/sanitise your hands thoroughly before and after use.

The COVID-19 Secure guidelines can be found by [clicking here](#).

To minimise potential cross-contamination, we recommend that for each session, a disabled archer is allocated a specific volunteer, or agent, who is responsible for providing support for that one archer. That volunteer will also be responsible for managing the target face (and target pins). A booking system may help facilitate the partnering of archers and volunteers.

An important task associated with supporting disabled archers is the collection of arrows.

This is a recommended procedure for arrow collection:

- Prior to shooting, the arrows and other equipment are cleaned thoroughly.
- Agents to consider face covering, and where possible avoid touching the target, pulling out arrows using an arrow puller, to reduce the direct handling of the archer's arrows.
- Where possible, maximise the number of arrows shot by the archer, to help minimise the amount of handling by the agent.
- The agent would transfer the arrows in a tube quiver which will be used when carrying the arrows back from the target to the archer.
- The quiver to be safely positioned by the archer so they can access their arrows.
- The archer can then take the arrows from this quiver and place them into their own quiver for the next round of shooting. This further reduces the handling of the arrows by the volunteer.
- The archer and agent frequently wash/sanitise their hands, before and after the collection of arrows.
- Physical contact with anyone outside of your household is not permitted.

Activity Alliance have produced guidance [Reopening Activity: An inclusive response](#), in consultation with partners across sport, leisure and disability equality. The resource covers areas such as session planning, engagement, and workforce. It complements and

builds on other guidelines from government, Sport England, professional associations, and governing bodies.

For further information or support please email membership@archerygb.org

CLUBS

These guidelines will cover the majority of archery clubs; however, we recognise that not all clubs will be able to open during Phase 1 for a number of reasons, and clubs should only open if they can confidently meet the guidelines. Please read the *Guidance Notes for Clubs* document for more information.

COACHING

[UPDATED] One to five coaching can take place as long as the restrictions described within this guide are adhered to. Contact the club or your coach for more details.

[NEW] We recognise that some clubs and organisations are ready to resume the delivery of archery experiences for beginners.

Please see the *Guidance Notes for Coaches* for more information.

[NEW] COMPETITION

Although record status competitions may be some weeks away, there are other opportunities you can do to increase variety of activity within the club.

- We have released the Summer Metrics for July & August, and this is available to all archers – using the Ianseo Scorekeeper app.
- The Progress Awards has been updated to include adults.
- Competitions at the club can be done in the time available either shooting a complete or partial round, or making up your own round!
- Any scorecards should be kept by the archers, and any collation of scores could be done online.

Further details on a Return to Competition will be available on the website early July 2020.

SPECTATORS

Where attendance of a parent/guardian (non-participant) or a carer for a disabled archer is required, it should be limited to one per archer, with social distancing strictly observed while watching the sessions (consider marking out specific boxes/areas for this purpose).

[UPDATED] Parents are responsible for supervision for children and in line with social distancing guidelines. Children are not always good at hand hygiene; the virus can be spread by touching contaminated surfaces. Therefore, pay special attention to children's hand hygiene.

Please respect the club's decisions – the majority of clubs are run by volunteers and they are managing a complex situation whilst doing their best to allow you to shoot.

Please note guidance can change quickly and we will respond to any changes made by government as soon as is practicable to do so. Keep up to date with the latest information at www.archerygb.org/covid19